

Topics

& Young People

London

Intergeneration

ELEVATED[®] YOUTH

April 2020

Intergenerational Edition

Topics

Good or bad for you?

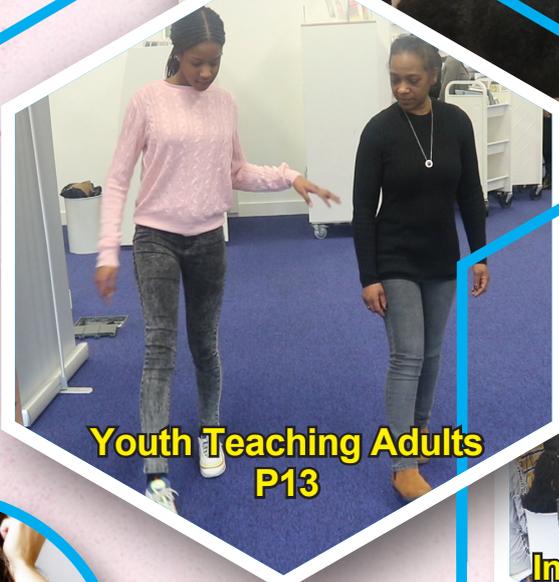
'No longer with us'

Youth & adult discussion group

Deportation



Adults vs Young People P7



Youth Teaching Adults P13



Intergenerational Health Workshops P12



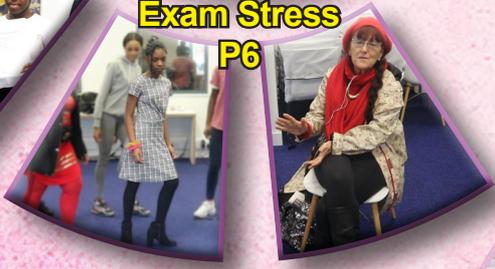
Exam Stress P6



Stereotyping P8 & 9



Coronavirus P7





Be Creative



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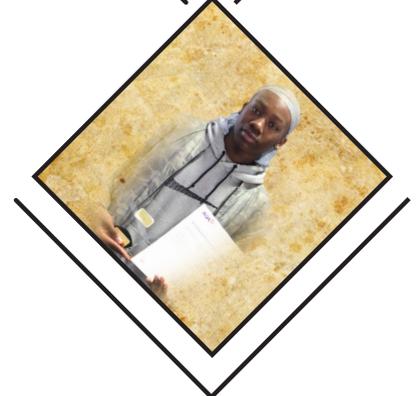
**Elevated Aspirations CIO's
vision is of:**

“A society where individuals
aspire to achieve more,
are assisted to set and
accomplish goals - to
continuously evaluate &
elevate their aspirations and
achieve success. A society in
which children, young people,
and adults are not afraid of,
or hindered in, aspiring to
achieve more, aspiring to
accomplishing goals, and
aspiring to achieve success”

E L E V A T E

**THE
MAGAZINE**

**ELEVATE
IS PRIMARILY ABOUT
RAISING ASPIRATIONS &
INSPIRING CREATIVITY**



CATWALK

By *Elevate*

Catwalk:

Style and Fashion



WANTS YOU

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Exam Stress



Lekyla & Renee
(Journalists)



The pressure

60% of young people have felt so stressed by strain to succeed that they have felt overpowered or unable to cope.

Some signs of academic stress are headaches, insomnia (trouble sleeping), irritability, emotional breakdowns and a change in social behaviour.

Working towards exams can generate worries and feelings of being under pressure. There are a couple things you can do to deal with this.

Take breaks, these can involve breaks of 20 minutes. If the tension reaches a level where it's unbearable, try to talk about it to someone.



Name the Disney song

Intergenerational competition

The idea for the session came from young people attending the singing sessions. They wanted to challenge the adults in naming Disney songs.

It was a tough competition from the outset with 15 young people against 6 adults.

The young people were ready for a battle even though 3 of them kept running around the library!

The adults led for most of the first hour but then some startling information came to light. The adults were using 'Shazam' a song naming app on the Internet.

Regardless of the adults cheating the young people came back strong in the second half to take the title.



Ariana Grande

Ariana Grande

Ariana Grande was born in Boca Raton, USA. She is an actress, singer and song writer.

Ariana's career began in 2008 at the age of 13 on Broadway. She became well known for her role in Nickelodeon TV's show Victorious.

In Victorious Ariana played the character called Cat Valentine.



Aisha, Chloe, & Muhammad
(Journalist)

The negative impact



A stereotype is a false idea society gives to a group of people. An example of this is 'Girls from South London are badly behaved'. There are many stereotypes that we follow in this day and age and this can affect and hurt many people, our friends, and citizens of diverse backgrounds.

Types of stereotypes

Stereotypes can be based on: religion - 'Muslims are terrorists', race - 'Somalis have big foreheads', and gender 'Girls only care about their looks'. It could just be a group of people in your school, 'The Nerds' are absolutely terrible at sports & athletics.

Labelling

When we stereotype it can lead on to labelling a person or a group. It can be an act that we do every day without realising it, however it is a serious matter. We use stereotyping to categorise what we believe a person is.

The stereotype of Muslims being terrorists gives an individual who is a Muslim the label of a terrorist. However, they aren't really a terrorist they're labelled so. categorised this way. There are many examples of these everyday forms of stereotyping. They're out there.



Fatima (Journalist)

ct of stereotyping

Our

Labels can also cause us to behave in a certain way. If a family sees a sibling as a quiet child that child may live up to that expectation. Another stereotype is that all black people are 'ghetto', so some black children act 'ghetto' and behave 'ghetto' in front of their friends.

Labelled and not knowing

We follow stereotypes a lot and produce many labels to go with these stereotypes. Funnily, we get labelled ourselves and we may not acknowledge it. However, it isn't a good thing. Labelling is very disrespectful and has hurt many people.

Challenging stereotyping

A first step could be to stop labelling people yourself - this may be really hard! However, an easy way to do this is to remember when you were negatively labelled - if you didn't like it then don't do the same to another person.

A second step is to approach people of difference and get to know who they really are and ignore the stereotype. There are others ways and methods of trying to challenge these acts of stereotyping that help people affected by these hurtful and terrible acts.



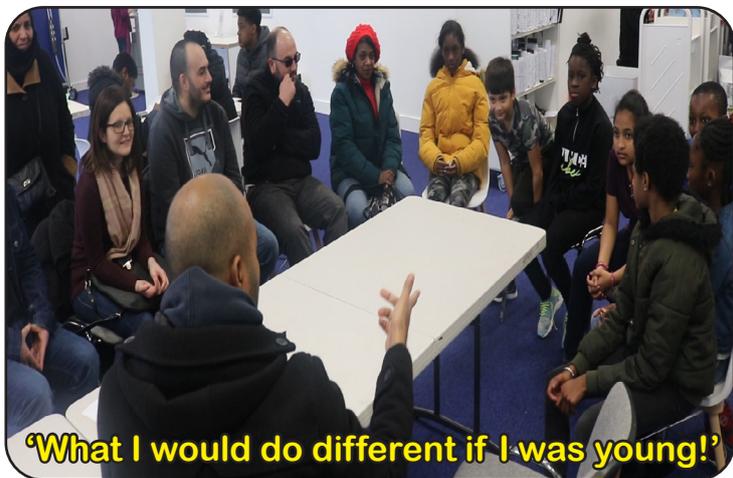


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'What I would do different if I was young!'

Youth & Adults Discussion

If I were young again what would I do differently?

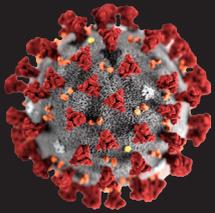
15 adults and 10 young people participated in this session were adults provided useful information to young people about what they would do differently if they were young again.

However, in the second half, the young people led discussion was on 'Why are adults boring?'



The adults took turns in giving advice to the group of young people. The young people asked questions i.e. 'Why are adults boring?'

CORONAVIRUS



Kaede, Srijah, Tianah, & Kavya
(Journalists)

Coronavirus is a disease which started in the city of Wuhan in China. If you have it you might vomit for a few days or weeks. it can kill you.

Preventions are washing your hands often, no hand shaking, and staying at home.

It has spread to America, eastern parts of India, and Europe.

The British government has brought back to the UK British citizens who were in Wuhan.



Intergenerational Activity: Healthy Herbs Workshops

“The sessions were excellent, very informative. The information was easy for the young people to understand. We adults really enjoyed working with and talking to the young people.”



Mary,
Intergenerational
Participant

(Pic) Field of lavender herbs

Intergenerational Activity: Adults being taught catwalk modelling



Adults: Psalms and Kim

High five - routines learnt

Fatima and Kim

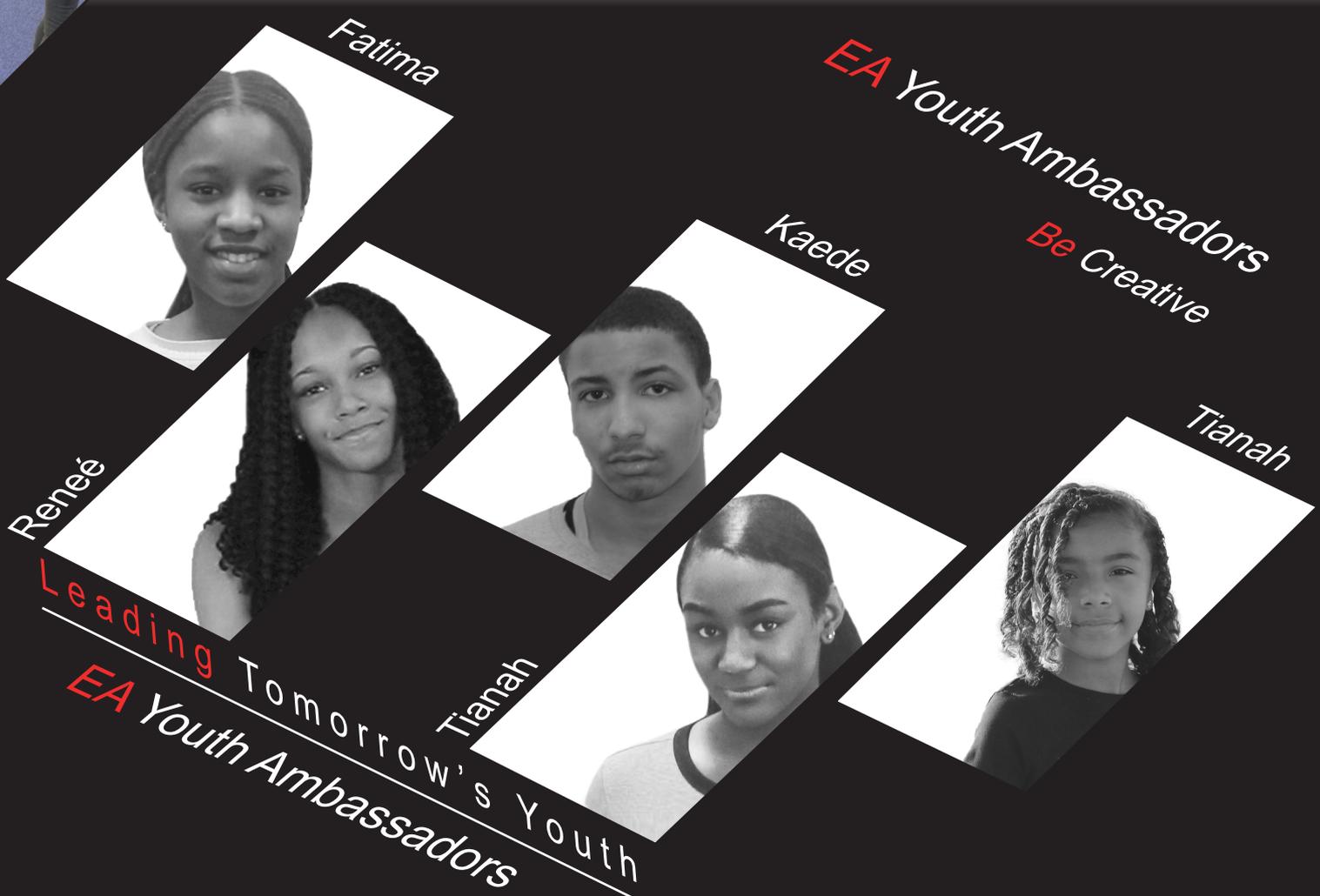
The 'pose'

Renee and Psalms

Adults posing

An active session for the adults who thought modelling was easy. It was far, far more difficult than they thought.

A set of adults wailed and cried throughout the session: 'Doing the pivot properly is not easy'.



Fatima

Kaede

Renee

Tianah

Tianah

EA Youth Ambassadors

Be Creative

Leading Tomorrow's Youth
EA Youth Ambassadors

Celebrities passed away in 2020

Jahseh Onfroy (rapper)

Jahseh Dwayne Onfroy (aka XXXTentacion) was a singer, rapper, songwriter, and also a musician.

Even though Jahseh had a lot of legal issues he became very popular.

It is alleged that Jahseh passed away, age 20, as a result of being robbed.

Bashar Jackson (rapper)

Bashar (aka Pop Smoke) was a rapper mostly known for his songs Welcome to the Party and Dior.

According to social media Bashar was robbed at his home.

As a result of the alleged robbery he passed away at the age of 20.



Amira (Journalist)



Yasmin (Journalist)



Khadijah
(Journalist)



Tulisa
(Journalist)

Kobe Bryant

Kobe Bryant was the youngest player in NBA history. He started playing in the NBA at the age of 18 years, 2 months and 11 days.

He played his whole professional career in the Los Angeles Lakers.

He won two Olympic gold medals for men's basketball.

Kobe sadly passed in a helicopter crash on 26th January 2020.



Caroline Flack

Caroline Louise Flack was a television and radio presenter.

She starred in Bo' Selecta! and presented shows including I'm a Celebrity...Get Me Out of Here! NOW! and The Xtra Factor.



YES IT IS!

NOT EVERYTHING IS BLACK AND WHITE!

NO IT'S NOT!



IS IT GOOD FOR YOU OR IS IT BAD FOR YOU?

GOOD

BAD

High Heels



They look very pretty, but you can fall over and hurt yourself

Chocolate



Chocolate is so delicious, but too much is bad for you

Strawberries



Strawberries are quite sweet, eating too many can make you sick



Tianah (Journalist)

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